

CAFP's 2019 Family Medicine Clinical Forum		
March 29-31, 2019 Marriott Monterey		
Friday, March 29		
8:00 am-Noon	Medical Genomics KSA	Mary Hanna, MD
8:00 am-Noon	Point of Care Ultrasound (POCUS) Hands-On Workshop	Kevin Bergman, MD Neil Jayasekera, MD Contra Costa Family Medicine Residency Program
8:00 am-Noon	Wellness + Joy Workshop	Michelle Segar, PhD, MPH and others To Be Determined
10am-Noon	Pre-conference Student/Resident Practice Workshop	
12:00-1:00 pm	Exhibit Program opens	
1:00-1:10 pm	Forum Grand Opening	
1:10-2:20 pm	From Health Care to Self-Care™: New Science-based Strategies for Cultivating Sustainable Behavior Change, Health, and Well-being among Our Patients and Ourselves	Michelle Segar, PhD, MPH
2:20-2:45 pm	Rational Exercise Prescription	Alex Mroszczyk-McDonald, MD
3:00-3:30 pm	AAFP Update	Michael L. Munger, MD, FAAFP
3:30-4:30 pm	Residents' Poster Session	
4:30-5:30 pm	Family Medicine Update	Hobart Lee, MD, FAAFP
5:30-7:00 pm	All Member Reception and Exhibits	
Saturday, March 30		
6:30-7:00 am	Wellness Time	
7:15-8:30 am	Breakfast/Exhibits	
8:30-8:45 am	Morning Opening	
8:30-9:45 am	Crucial Conversations	Walt Mills, MD Melissa Nothnagle, MD
9:45-10:30 am	Hot Topics in Infectious Disease	George Kent, MD
10:45-11:30 am	Heart to Heart: A Review and Update of Major Issues in Cardiovascular Care	Mark Dressner, MD
11:30-Noon	The BATHE Technique: Efficient and Effective Psychotherapy in Primary Care	Tessa Stecker, MD
12:15-1:15 pm	Celebration Luncheon	
1:30-2:15 pm	Leading in Crisis: Family Medicine's Role in the Opioid Epidemic	Diana Coffa, MD
2:15-2:30 pm	Exhibits Program Ends	
2:30-4:30 pm	Optional Breakout Session: Practice Inquiry Workshop	Kimberly Duir, MD Catherine Sonquist Forest, MD, MPH
2:30-4:30 pm	Optional Breakout Session: "Meet Ups"	"Meet up" in the main meeting room
4:30-6:00 pm	Service Opportunity: Del Rio Beach Clean Up	Return of the Natives Restoration: csumb.edu/ron

Sunday, March 31		
7:00-8:15 am	CAFP Foundation FunD Run/Walk	
8:15-9:15am	Breakfast/Table Talks: The latest issues for family medicine physicians	Breakfast in the beautiful Ferrantes Bayview Room!
9:30-10:00 am	Morning Opening: CAFP and Sacramento Update	
10:00-10:45 am	Pathways in Management: Osteoarthritis and Chronic Low Back Pain	Blair Cushing, DO
10:45-11:00 am	Break	
11:00-11:30 am	Partnering with Gender Diverse Youth and Their Families	Scott Nass, MD
11:30-Noon	Cannabis Update	Tauheed Zaman, MD
12:00-12:30 pm	Leading with Your Heart	Katrina Miller, MD
12:30-12:45 pm	Closing Remarks - Conference Ends	Carol Havens, MD and Chris Flores, MD
Optional Post-Conference Workshops		
1:00-5:00 pm	Buprenorphine Waiver Workshop - blended learning (4 hr live + 4 hour online)	
1:00-5:00 pm	Women's Health KSA	Rebecca Bertin, MD Tenessa MacKenzie, MD