



Friday, April 13	
8:00 am-Noon	<p><b>Preventive Care KSA</b> (Optional Pre-Conference Workshop, extra fee applies)</p> <p><i>Tipu V. Khan, MD, FAAFP, Core Faculty, Ventura County Medical Center FM Residency Program, Assistant Clinical Professor, UCLA David Geffen SOM</i></p> <p>This interactive Knowledge Self-Assessment Workgroup will take learners through the 60 KSA questions with discussion of the correct answers and references. At the end of the session, all attendee answers will be submitted to ABFM for partial completion of MOC Part II and 8 AAFP prescribed credits.</p>
1:00-1:15 pm	<b>Forum Grand Opening and Welcome</b>
1:15-2:15 pm	<p><b>Reflection and Resiliency in the Aftermath of Disaster</b></p> <p><i>Eric Ramos, MD; Jay Lee, MD, MPH, FAAFP; Lauren Simon, MD, MPH, FAAFP; Tara Scott, MD; Hal Grotke, MD, FAAFP and Tipu Khan, MD, FAAFP</i></p> <p>California, CAFP members and their patients suffered significant trauma in 2017. Between fires, mudslides, shootings, earthquakes and hurricanes, the world has been rocked. Family physicians play an important role in the recovery ... and today we'll hear from four CAFP members who have been at the heart of 2017's recovery.</p>
2:15-2:45 pm	<p><b>How We Learn and Our Prescription for CME</b></p> <p><i>Christopher V. Flores, MD, Asst. Clinical Professor, Loma Linda University School of Medicine</i>  <i>Carol Havens, MD, FAAFP, Director of Physician Education &amp; Development, Kaiser Permanente, Northern CA</i></p> <p>Your Committee on Continuing Professional Development has spent the last year studying adult learning principles and how we learn. We have purposefully integrated these principles into the Forum programming and will open the Forum with a discussion of changes you will see in content, presentations and teaching styles. Be prepared to reflect on your Forum take-aways!</p>
2:45-3:00 pm	<b>BREAK and My FM Story Time</b>
3:00-3:30 pm	<p><b>Live, from the AAFP</b></p> <p><i>John Cullen, MD, FAAFP, AAFP President-elect, Valdez, AK</i></p> <p>Dr. Cullen brings greetings from the AAFP and will highlight the work being done on your behalf in Kansas City and Washington, DC. From Medicare and Medicaid discussions to teaching health center support, the AAFP has been on the front lines, providing expertise on matters most important to family physicians.</p>
3:30-4:30 pm	<p><b>Residents' Poster Session</b></p> <p>The CAFP Foundation-supported Residents' Poster Session presents an opportunity for residents to present their scholarly work on a state platform. Posters are evaluated in a blind review process and the Top 20 will be displayed at the Forum. The Top 10 Posters will be presented live by authors to attendees at the Forum.</p>
4:30-5:30 pm	<p><b>Pediatric Diabetes: The Next Epidemic</b></p> <p><i>Jay H. Shubrook, DO, FACOFP, FAAFP, Professor and diabetologist, Director of Clinical Research and Diabetes Services, Touro University, California College of Osteopathic Medicine</i></p> <p>This session explores types of diabetes in children and adolescents and discusses the growing problem of pediatric T2DM and as well as management and prevention.</p>
5:30-7:00 pm	<b>All Member Reception, Resident Poster Review, Exhibit Hall and My FM Story Time</b>

Saturday, April 14	
7:15-8:30 am	<b>Breakfast, Exhibits and My FM Story time</b>
8:30-8:45 am	<b>Morning Opening</b>
8:45-9:45 am	<p><b>Family Medicine Update: Hot Topics for All Family Physicians</b></p> <p><i>Hobart Lee, MD, FAAFP, Assistant Professor and Program Director, Family Medicine Residency Program, Loma Linda University</i></p> <p>Today's Update reviews major topics from the 2017-18 medical literature. You will learn more about key changes that will affect or change the way you care for your patients. We'll look at the evolving primary care medical literature around "hot topics" and issues that receive attention from the lay press.</p>
9:45-10:30 am	<p><b>Hypertension: Evidence and Rationale for Best Practices</b></p> <p><i>Margot Savoy, MD, MPH, FAAFP, Chair and Associate Professor, Department of Family and Community Medicine, The Lewis Katz School of Medicine at Temple University</i></p> <p>In this interactive session, Dr. Savory will facilitate discussions using evidence-based guidelines to determine hypertension management for patients in a primary care setting and provide the rationale for AAFP's disagreement on newly-released AHA guidelines.</p>
10:30-10:45 am	<b>BREAK and My FM Story Time</b>
10:45-11:30 am	<p><b>How Sweet It Is: The Explosion of Treatment Options for T2DM</b></p> <p><i>Mark Dressner, MD, MEd, FAAFP, Kaiser Permanente Medical Group, Long Beach</i></p> <p>In this session we will discuss the different non-insulin medications used to treat T2DM, emphasizing the physiological action as well as advantages and disadvantages. We will then work to individualize treatment based on different patient characteristics.</p>
11:30 am-Noon	<p><b>FM Update: Deep Dive #1: Hot Topics in Family Medicine</b></p> <p>We'll take a deeper dive into one of the topics discussed in this morning's Update.</p>
12:15-1:15 pm	<p><b>Celebration Luncheon</b></p> <p>Grab your lunch and come celebrate our Incoming and Outgoing Presidents, new CAFP officers, Fellows, Award Winners and raise a toast to our EVP Susan Hogeland, CAE!</p>
1:30-2:15 pm	<p><b>End of Life Options Act (Medical Aid-in-Dying): What Family Physicians Need to Know</b></p> <p><i>Catherine Sonquist Forest, MD, MPH, FAAFP, Clinical Associate Professor of Medicine-Family Medicine, Stanford School of Medicine</i>  <i>Ryan Spielvogel, MD, Faculty, Sutter Health Family Medicine Residency Program, Sacramento, CA</i></p> <p>California's End of Life Options Act is more than a year old. Drs. Forest and Spielvogel will share with attendees the data, physicians' responses, and next steps in EOL, both in California and nationally.</p>
3:00 pm	<b>Last chance to view the Exhibits!</b>
2:30 pm	<b>Free Afternoon .... OR</b>
2:30-4:30 pm	<p><b>Practice Inquiry: What Is It? And How Do I Get Involved?</b></p> <p><i>Catherine Sonquist Forest, MD, MPH, FAAFP, Clinical Associate Professor of Medicine-Family Medicine, Stanford School of Medicine</i>  <i>Michael B. Potter, MD, Faculty/Researcher, Department of Family and Community Medicine, University of California, San Francisco</i>  <i>Lucia Sommers, DrPH, Practice Inquiry Facilitator, Assistant Adjunct Professor, University of California, San Francisco</i></p> <p>Considerable literature substantiates how clinical uncertainty, inherent in primary care practice, is only partially reduced by practice guidelines and that time-strapped PCPs usually tackle patient complexity alone. These conditions incubate both clinician dissatisfaction and medical error. Spend two hours with your peers in</p>

	<p>small groups led by a facilitator sharing case-based dilemmas, probing colleagues' clinical experience, searching/appraising "evidence" to BLEND with experience and context, re-imagining patient management and hearing case follow-ups. This workshop will introduce "Practice Inquiry (PI)," a small group learning model focused on case-based clinical uncertainty.</p>
<b>Sunday, April 15</b>	
6:30-7:30 am	<b>CAFP Foundation Fun Walk-Run</b>
7:30-8:45 am	<p><b>Breakfast and Table Talk Time</b></p> <p>An opportunity for learners to meet with colleagues to discuss issues of the day. Choose the table topic that interests you!</p>
8:45-9:15 am	<p><b>Morning Opening and Sacramento Update</b></p> <p>Hear what CAFP has been doing on behalf of family medicine to advocate for members and their patients.</p>
9:15-9:45 am	<p><b>FM Update: Deep Dive #2: Cancer Screening Update</b></p> <p><i>Michael B. Potter, MD, FAAFP, Faculty/Researcher, Department of Family and Community Medicine, University of California, San Francisco</i></p> <p>We'll review new prostate cancer screening guidelines and proposed cervical cancer screening guidelines from USPSTF and their implications for clinical practice. In addition, critical gaps and opportunities to improve colorectal, breast and lung cancer screening in primary care will be identified and addressed.</p>
9:45-10:45 am	<p><b>Reproductive Health Care: Conversations for Family Physicians and Their Patients</b></p> <p><i>Shannon Connolly, MD, FAAFP, Planned Parenthood of Orange and San Bernardino Counties Melody Women's Health</i> <i>Sarah McNeil, MD, FAAFP, Contra Costa Family Medicine Residency Program</i></p> <p>We'll explore reproductive health care life plans using three common cases seen in family medicine practices. Armed with information gleaned from the faculty and table discussions, you will be more comfortable having important reproductive care conversations with patients and can empower your practice team to assist in the work.</p>
10:45-11:00 am	<b>BREAK and My FM Story Time</b>
11:00 am-Noon	<p><b>Keynote: Transformative Communication</b></p> <p><i>Brian Johnson, MD, Associate Program Director, Contra Costa Family Medicine Residency, University of California, San Francisco, Department of Family and Community Medicine</i></p> <p>Dr. Johnson will explore the neuroscientific underpinnings of effective communication, identifying its foundations and helping participants recognize when a conversation has turned high stakes. Participants will also identify how they respond and how they might improve that response, when communication becomes difficult.</p>
12:00-12:30 pm	<p><b>What's Next? Translating Knowledge to Practice!</b></p> <p><i>Christopher V. Flores, MD, Asst. Clinical Professor, Loma Linda University School of Medicine</i> <i>Carol Havens, MD, FAAFP, Director of Physician Education &amp; Development, Kaiser Permanente, Northern CA</i></p> <p>It's time to highlight the key "take aways" from the conference sessions and reflect on how you will translate new information and put insights into action. Leave with at least one commitment to change.</p>
<b>Post Conference Optional Workshops (extra fee applies)</b>	
1:00-5:00 pm	<p><b>Pain Management Workshop</b></p> <p><i>Lee P. Ralph, MD, Assistant Clinical Professor, Univ. of CA San Diego School of Medicine, San Diego Sports Medicine and Family Health Center</i> <i>Carol Havens, MD, FAAFP, Director of Physician Education &amp; Development, Kaiser Permanente, Northern CA</i> <i>David E. J. Bazzo, MD, FAAFP, Clinical Professor of Family Medicine, University of California, San Diego, School of Medicine</i></p>

	<p>Your questions and cases will be the highlight of this interactive workshop – we’ll dive into discussions on acute pain, low back pain, marijuana as a pain reliever, integrative approaches, communication with patients, opioids, and special populations. Attendees will be provided a resource toolkit.</p>
	<p><b>Well Child Care KSA</b></p> <p><i>Lauren Simon, MD, MPH, FAAFP, Associate Professor, Department of Family Medicine, Loma Linda University</i></p> <p>This interactive Knowledge Self-Assessment Workgroup will take learners through the 60 KSA questions with discussion of the correct answers and references. At the end of the session, all attendee answers will be submitted to ABFM for partial completion of MOC Part II and eight AAFP prescribed credits.</p>